

Androgen Deprivation Therapy: An Essential Guide for Prostate Cancer Patients and Their Families – Third Edition 2023

Dear PCa Patient, Caregiver, and Physician wherein Androgen Deprivation Therapy (ADT) is either already prescribed or current status indicates it is likely to be prescribed,

Having experienced 22 years as a successful ADT patient, I HIGHLY recommend all above consider the purchase of the latest book or online Kindle version just out “***Androgen Deprivation Therapy: An Essential Guide for Prostate Cancer Patients and Their Families – Third Edition 2023***”

by Richard J., Wassersug, PhD, Lauren M. Walker, PhD, John W. Robinson, PhD

This book is the most totally comprehensive manuscript I have ever read regarding androgen deprivation therapy (ADT), medications involved, their effectiveness and alternatives, extensive side effects that may be encountered that can effect patient, spouse, partner, caregiver and how to address and manage them, and so much more to thoroughly explain this often final treatment option. I purchased the online Kindle version for ease of reading as well as adding to my extensive library of everything PCa on my website www.theprostateadvocate.com.

I happen to be email friends with the lead author, Richard Wassersug, PhD, with whom we have exchanged many emails regarding the appropriate treatment of prostate cancer.

[Where Can I Buy The ADT Book? — Life on ADT](#)

You can read a sampling of the book's content here:

[Amazon.com: Androgen Deprivation Therapy: An Essential Guide for Prostate Cancer Patients and Their Families eBook : Wassersug, Richard J., PhD, Walker, Lauren M., PhD, Robinson, John W., PhD, R Psych: Kindle Store](#)

Below reports on free online classes – excerpt:

“We are reaching out today with an update on upcoming online classes for the Life On Androgen Deprivation Therapy (ADT) Educational Program. The next online classes will be held on **May 15th, June 14th, and July 10th, all at 3:00 PM Pacific Time/6:00 PM Eastern Time**. Attached is a copy of our program poster. Please feel free to let me know if you'd like to receive printed copies of our postcards and posters, as well.

As you may recall, the online ADT Educational Program is a free resource to help patients manage ADT side effects and engage in healthy lifestyle behaviours (e.g., physical activity). The program provides support to both prostate cancer patients and their partners or loved ones.”

Brought to your awareness by ...

Charles (Chuck) Maack (ECaP) – Prostate Cancer Survivor, Advocate, Activist, representative of the Wichita, Kansas Chapter, Us TOO, Intl., Inc., Volunteer Mentor locally and on-line worldwide since 1996 to men diagnosed with Prostate Cancer and to their Caregivers.

www.theprostateadvocate.com